A young knight at Stow’s 900th Charter Celebrations.
There is no denying that autumn is here, with cooler days, evenings noticeably drawing in – and chilly fingers reaching for the heating switch (quite contrary to our plans to try and wait until at least mid September). The ‘season of mists and mellow fruitfulness’ colours our expectations of each day as markets swell with local produce, aromatic and evocative of county kitchens and well stocked dining tables, logs are being stacked close to the house, and socks and slippers replace bare wriggling toes under the kitchen table at breakfast time.

A perfect time for a visit to The Crown Inn at Blockley, a traditional Cotswold inn recently refurbished by Alan Whitehead and his business partner Stefan Schmitter. They have maintained the character and history of the building with antiques and open fires, using the big windows to fill the main rooms with light, the whole looking pretty with fresh flowers and candlelight.

The welcome is tangible, warm and generous.
Since taking over The Crown in April last year the team have brought the old building to life, filling it with warmth and good hospitality. One of the key players is new head chef, Peter Zagyva, heading up a team of seven in the kitchens. They use almost exclusively fresh and local produce for their seasonal menu of home made dishes, combining the best of modern English and French cooking, and making their own pates and soups, sweets and ice creams

.........and beer!
Alan will proudly tell you that the brewery at The Crown is producing its own traditionally brewed lager ale and a bitter, on site. These are 100% organic live beers, with no preservatives, available over the bar of course but The Crown is also supplying other Public Houses and outlets.

If you are planning for good times ahead The Crown Inn is offering a Weekend of Fine Wine and Food with an Australian Wine Tasting in November, with Christmas and New Year hospitality including competitively priced menus and entertainment. Details are available from The Crown and are on their website now.

Take up the invitation to join them this month – take a copy of Moreton Times or Stow Times to The Crown in September and try their beer free of charge before or during your meal. With a harvest this good, why wait?
Inside the SEPTEMBER edition

FEATURES
4 & 5 Photos from the Celebration of 900 years of Stow’s Market Charter
26 & 27 CDC Recycling News
27 An Invitation to visit Moreton Fire College

REGULARS
9 & 10 Laura’s back, and sharing the experience
11 Stow Business Association
12 Stow Church Services
13-17 LOCAL INFORMATION & EVENTS
15 Rural Cinemas
18 Local Authorities, agencies & police
19 CONTACT DETAILS for Local Clubs, Associations, Societies & Charities
21 District & County wide – what’s happening, where and when
24 Books for the month from Borzoi Bookshop
25 The Gallery Gourmet – the fourth of a series of reports from The Prof.
26 Stow Town Council – Meeting Notes
29 YOUR LETTERS & eMAILS
31 In the Editor’s Opinion…
34 Ben Eddolls – The Best of British
34, 35 Local Cricket, Badminton & the new Rugby Season

Extra copies of Stow Times can generally be found in Stow Library and the Visitor Information Centre.

Letters and eMails can be sent at any time to The Editor, Stow Times, P O Box 6, Stow on the Wold, GL54 1WD. Stow-times@dial.pipex.com
The Kings Arms got their serfs out onto the Square....

The monk played jester and got very very wet! The jester (actually the boss) thought it was great fun!

Missed again!

grin

very wet sponge

The Kings arms chef, also disguised as a jester

See these photos in FULL COLOUR on the SBA website
Our head chef leads a skilled team which has achieved a 2 rosette award from the AA. The style of food here at the Fosse is modern English, whilst keeping firm roots in classic methods - we hope you will enjoy it.

**Sunday Lunch**
Come and relax and enjoy Sunday Lunch with the Beef carved for you at the table.

**Relax and Unwind**
The emphasis here at the Fosse Manor is one of comfort. The lounges and bar have a relaxed and stylish feel to them, the perfect place to relax and step out of a busy schedule. Enjoy a glass of champagne, indulge in a latte or cappuccino - perhaps a cream tea? Or merely relax with a paper and a glass of Merlot!

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**Fosse Manor**
BAR  RESTAURANT  HOTEL
Fosseway
Stow-on-the-Wold
Gloucestershire
GL54 1JX

**Contact Details**
T: 01451 830354
E: enquiries@fossemanor.co.uk
www.fossemanor.co.uk

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**CHIPPING CAMPDEN COMMUNITY TRUST AWARDS GRANT TO NCCR**

North Cotswold Community Radio (NCCR) are pleased to announce that the Chipping Campden Community Trust has awarded NCCR a grant of £1,000 which will be put towards the purchase of much needed equipment for the studios at The Old Police Station in Chipping Campden. The award comes just a month after the devastating floods that caused extensive damage to the NCCR studios.

Robb Eden, Chairman for NCCR says, “It is perhaps timely that the Chipping Campden Community Trust have granted us this award. It gives a much needed boost to our dedicated group of volunteers who have kept the project going despite numerous setbacks. To show our gratitude we would like to invite anyone from Chipping Campden or surrounds to become part of a management committee which will oversee the running of the facility in Chipping Campden.”

For further information contact Robb Eden:
Tel: 01608 651802 Fax: 01608 652814
e-mail: robbeden@aol.com
After the floods: One month on

GLOUCESTERSHIRE MARKET TOWNS FORUM

FLOOD FEEDBACK SPECIAL
Rural communities can influence the county-wide recovery plan

GMTF has been asked by Gloucestershire First to help collate information about how the recent floods have affected rural communities. Claire Edwards, Rural Programme Manager for Gloucestershire First, who is also the Forum’s Company Secretary, said “We need to ensure that what people have to say about the floods and the impact on their communities is heard and collated centrally, so we can develop a really comprehensive county-wide recovery plan. We need to build a complete picture of the impact this unprecedented flooding is causing, in the short and longer term.”

All the information will be collated and used not only to help Gloucestershire First's recovery plan, but also to inform government at regional and national levels. The Committee is appointing Members to gather information from some of those directly involved in order to help inform its inquiry.

To ensure your voice is heard on behalf of your community, please send your comments to Dan Judges at daniel.judges@gloucestershire.gov.uk

Financial help for groups following the recent floods in Gloucestershire

The Gloucestershire Community Foundation has approximately £50,000 available to give as grants to groups that have lost out in the floods. For further information please contact Darien Parkes on darien.parkes@british-energy.com

CDC receive Government assistance towards flood recovery

One month after the floods that hit Gloucestershire on July 20th, Cotswold District Council is still dealing with the aftermath and counting the cost.

A door-to-door survey carried out by Council staff and Members has revealed that at least 1,150 properties were flooded across the District’s 450 square miles. The worst affected areas included Chipping Campden, Weston Sub Edge, Moreton in Marsh, Blockley, Stow on the Wold, Bourton on the Water, Cirencester, Fairford, Lechlade, Downington, Whelford, Kempsford, Barnsley, Andoversford, Adlestrop, Tetbury, Naunton, Northleach, The Slaughters and Willersey. The survey teams have been providing advice and information on bulky waste collections, bogus callers and how to apply for help from the countywide flood relief fund.

They have also identified vulnerable households who may need assistance from the Council in recovering from the floods.

CDC Leader Lynden Stowe welcomed news that the District will receive at least £600,000 in Government funding to help communities get back on their feet. “There seems to be little red tape involved and we have some freedom in choosing how the grant will be used. We will be discussing how best we can spend the money to help the rural towns and villages that suffered widespread damage.” CDC has already spent more than £60,000 on the emergency, supplying rest centres, recycling for plastic bottles, staffing, portaloos, sand and furniture collections. It aims to claim some of the money back from a separate Government assistance scheme.
Follow your nose from the Cross in Stow Square down Digbeth Street and it will take you to the New England Coffee House. Despite (or because of) its tiny frontage, the Coffee House is just bursting with everything coffee - that wonderful big evocative aroma of fresh coffee, and all the hissing, steaming, gurgling, grinding, machines that work to make a fresh cup of coffee. AND a vast catalogue of coffee information going under the name of Robert Henderson, the Coffee House’s American owner.

**Fresh ground & fresh brewed**

“We’re so fresh you want to slap us......the coffee is so fresh we’re forever nearly running out!” “Did you know that the Japanese are the most prolific coffee drinkers in the world? Yeah.” Robert opened The New England Coffee House earlier this year. It’s a specialist business and he is a coffee aficionado. My regular black coffee became ‘a flat black’ and I joined in the banter with Robert and Katie, the crew for the day as a continual flow of morning regulars popped in for their take-out orders...shop keepers, hoteliers, office workers and the builders down the road - it seemed as if nearly all the businesses in town had some one drop in to pick up their orders. This is not an elitist hushed hall for coffee advertising execs with blackberries, although they’ll be welcome (and there’s a WiFi facility upstairs in the lounge for techies who are desperate and students needing to keep in touch). The N E Coffee House is like the best classic American coffee bar, busy, a hub of welcomes, orders, and good humour - and so laid back!

Find an excuse to pop in. Apart from the range of coffees there are teas and infusions, frappes, the thickest creamiest Italian hot chocolate for anyone needing a fix, and a selection of syrups to tempt you onto more exotic brews. Oh, and up stairs, where there is a great view of Digbeth Street, are the morning papers....if like me, you ‘don’t have your blackberry with you’! Editor.
Laura Pickford generally writes our Cinema page, but this month she is sharing her recent trip to New England – not just any ol’ trip, either! This one was built around shops and shopping, but she still squeezed seven films into the twelve days….. Oh and a Justin Timberlake concert. Read on...

A Journal of a New England
Road (shopping) Trip

Day 1 - Travelling

We got the Airline bus to London Heathrow from Oxford, Gloucester Green. The bus trip was excellent and got us there in just over an hour. We had already checked in online so we just had to drop off our baggage. Getting through security takes time (they’re really strict at the moment so be careful what you take in your hand luggage). It was worth getting to the airport early as there are plenty of shops, even Harrods, and of course, duty free – the time passed so quickly. We flew with Virgin, which we found very comfortable. The In-flight entertainment was excellent - “Hot Fuzz” which was much better than I expected, and “Extras” which was really funny.

That first night we stayed in Cambridge, across the Charles River from Boston, and opposite a large (shopping) mall with stores like Victoria’s Secrets, Abercrombie and Fitch, and a wonderful Macys. So this was the start of our shopping trip!

Day 2 – Tourist in Cambridge

We caught the tube into the city and followed the “Freedom Trail”. A good hint … don’t pay for a tour, do it yourself!! We looked around Quincy and Faneuil Hall Markets and found the ‘Cheers’ bar, a good place to have lunch and a drink.

That night we visited Harvard University (if you watched “Legally Blonde” you’ll recognise the area!!) - the campus is amazing.

Day 3 – Shopping (of course!)

Day 4 – Driving to South Portland

In South Portland we dined at the ‘Dimallio’ floating boat restaurant, which serves the most amazing seafood.

Day 5 – Driving through the White Mountains

We took the Kancagamus Pass, driving on through the Green Mountains to Vermont - a stunning drive. New England is just gorgeous at this time of the year and must incredible in the fall.

Day 6 – Driving and More Shopping

We left Vermont and drove to Manchester in New Hampshire, visiting an amazing Mall - especially so, as there isn’t any tax on shopping in New Hampshire! However we drove on to Providence, Rhode Island.

Day 7 – Sightseeing around Providence

(After all that driving!) we walked around Providence looking at all the sights, then catching the bus out to Brown’s University, a great campus (if you watched the O.C you may recognise it) and on to Providence Place Mall - great shops and area.

That evening we went to a cinema on the top floor of the mall and watched the film “No Reservations” with Catherine Zeta Jones. This is a brilliant film, highly recommended to see when it comes out in the U.K at the end of August 2007.

Continued Next Page
Day 8 – Driving to Cape Cod

Drove to Chatham, staying in a lovely Inn, really homely. Chatham is typically ‘New England’, very pretty. That evening we watched the DVD “Little Miss Sunshine”, a really good film, much better than I was expecting, and I will buy the DVD because it was really funny.

Day 9 – Sunbathing in Cape Cod

There were a number of stunning beaches within walking distance, all very lovely and quiet, with little boats to take you to the really secluded beaches. That night we went to a Drive-In cinema designed on a 50’s theme, it was a great experience. It cost $7.50 each (about £3.75) to see 2 films. We were lucky and caught the “Bourne Ultimatum”, which is the best of the “Bourne” films, edgy and entertaining. Matt Damon was his usual fantastic self.

Day 10 – Back to Boston, for a Concert!!

We checked into the Plaza Hotel (gorgeous) with tickets to TD Banknorth to see Justin Timberlake in concert. The supporting band was Good Charlotte who played some of their classic songs, such as “Lifestyles of The Rich and Famous”, “Boys and Girls” and some from their new album. Once on stage Justin Timberlake performed for 3 hours, playing a number of old songs such as “Cry Me a River” and “Rock Your Body” and some new material such as “Future Sex Love Songs” and “What Goes around Comes Around”. Timbaland put in a guest appearance, performing with Justin and doing his own set. I can honestly say it was the best concert I’ve ever been to, he was incredible. I have to thank my Dad so much for the concert tickets!!

Day 11 – Mall Shopping

Went to Wrentham outlet Mall, about an hour from Boston - well worth the trip, as we got the best bargains there. Brilliant designer shops, such as Guess, Ralph Lauren and Saks of Fifth Avenue.

Day 12 – sightseeing and travelling

Packed up our suitcases and looked around Boston one last time, walking up and down Newbury Street – so beautiful, and the shops were fab. We went up the Prudential Tower (to Floor 50) and took the self guide tour, well worth doing with a 360° view of Boston and lots of interesting history. A taxi took us to the airport to fly home. The film was “Wild Hogs” which was really funny. Next morning we caught the Tube bus back to Oxford. End.

Watch Your Speed

The North Cotswold Safer Community Team carried out several Street Surgeries and consultation meetings with local groups to set our local policing priorities. The one consistent complaint we receive is about Speeding Traffic. We know from experience that speeding drivers are either regular users of the road or local people.

Sgt Martin Jones advises all drivers “Get there in one piece 5 minutes late as opposed to not at all”.

Repeated item
Flexible office space

Give your company the flexibility to grow:
- Be up and running in 24 hours
- No deposit
- Only one month’s notice

Tel: 01451 812200  
Email: Cotswold@oxin.co.uk  
Web: www.oxin.co.uk/cotswold

“Come up and see us sometime!”
- Every Tuesday is COFFEE MORNING  
  It’s an Open House – come and meet some of the businesses who have set up here, do some ‘soft networking’, offer a ‘surgery’ on your own business, have a look at how we can help your business grow

“Seed and plant your business here”
- The ‘Virtual Office’  
  We do the ‘office bit’, professionally, seamlessly, and you can confidently get on with the real work of growing your business. Currently £75 a month
- Needing to get away? Try the ‘Office-Minder’  
  You get out of the office and we ‘mind the shop’, with regular phone/ text catch-ups to suit your schedule.
  “You sound as if you are sat on the beach…”  
  “Well actually…..!”

Cotswold Innovation Centre  
42 A P Ellis Road  
Rissington Business Park  
Upper Rissington  
Glos. GL54 2QB

STOW BUSINESS ASSOCIATION
NEXT MONTHLY MEETING

Friday 7th September  
6pm - 7.30pm  
Pear Tree Restaurant, Tudor House Furnishings

AGENDA:-
- Stow Medieval Celebration  
- Summer Evening event -  
  (Local Food & Providers)  
- Stow Horse Fair  
- CHRISTMAS EVENT planning  
- Update - SURVEY of Rents in Stow  
- MEMBERSHIP & Subscriptions  
- Update - A Parking Strategy for Stow

NON-MEMBERS WELCOME

Being a member of the SBA means:-
- Help with marketing & promoting your business - especially on the SBA website (see above)
- Being aware of and being a part of any worthwhile promotion of Stow itself and introducing new people to your business (eg Christmas lights, Stow in Bloom, etc)
- Having a voice on how Stow looks and promotes itself
- Being kept up to date on current issues likely to affect Stow and its neighbourhood in general - and Stow business in particular (eg. Business rents)
- Networking with other businesses in Stow and get to know new ones
- Having a voice in the big issues that affect Stow - such as Stow Horse Fair
- Belonging to a group that can effectively represent the businesses in Stow and its neighbourhood at Stow Town Council, Cotswold District Council and Gloucestershire County Council

http://stowonthewold.info

For information contact Jenni Turner at stow-times@dial.pipex.com or 07789 175 002
St EDWARDS CHURCH  
Stow on the Wold  

SEPTEMBER  

SUN 2nd  
8 am  HOLY COMMUNION  
11 am  Sung Eucharist  
6 pm  Choral Evensong  

Tues 4th  
10 am  HOLY COMMUNION  

Thurs 6th  
10 am  Parish Prayers  

SUN 9th  
8 am  HOLY COMMUNION  
11 am  Matins  
6 pm  HOLY COMMUNION 1662  

Tues 11th  
10 am  HOLY COMMUNION  

Thurs 13th  
10 am  Parish Prayers  

SUN 16th  
8 am  HOLY COMMUNION  
11 am  Sung Eucharist  
6 pm  Evensong  

Tuesday 18th  
10 am  HOLY COMMUNION  

Thurs 20th  
10 am  Parish Prayers  

SUN 23rd  
8 am  HOLY COMMUNION  
11 am  Matins  
6 pm  Evensong  

Tuesday 25th  
10 am  HOLY COMMUNION  

Thurs 27th  
10 am  Parish Prayers  

SUN 30th  
8 am  HOLY COMMUNION  
11 am  Harvest  
6 pm  Harvest Choral Evensong  

STOW-ON-THE-WOLD  
BAPTIST  
CHURCH  

In the Community  
for the Community  

Sunday Services  
In SEPTEMBER  
at 10.30am  

Sunday 2nd  
Steve Sizmur  

Sunday 9th  
Dennis Foster  

Sunday 16th  
Chris Gibson  

Sunday 23rd  
David Arthey  

Harvest Festival  
Sunday 30th  
Steve Sizmur  

HOST FAMILIES REQUIRED  
in the Rissingtons, Bourton or nearby villages  
to provide an “English home atmosphere”  
for foreign businesspeople learning English  
in Bourton (1 - 3 weeks)  
If you have a spare bedroom with ensuite  
or separate bathroom, please phone  
Anne or David  
on 01451 810082 for details  

The British Heart Foundation  
The BHF Loves Walking and this September they are aiming to get the UK on its feet and raising funds to help beat heart disease.  

Your local walk, organised by the North Cotswold Branch of the British Heart Foundation on Sunday 30 September. It will be a circular route of approx 4 miles passing through the Batsford Arboretum and will start from the W.I. Hall, New Road, Moreton-in-Marsh between 10am and 12noon.  

Light Lunches will be served in the Hall. For information and sponsorship forms please contact Pam Hooper on (01608 651320) or Jo Brooks on (01608 650821.)

Stow on the Wold  
Methodist Church  

SEPTEMBER  

SUNDAY SERVICES  
10.30am  

ALL WELCOME  

Sun 2nd  
Mr R Brock  
From Chipping Norton  

Sun 9th  
Rev. D Bromfield  
From Moreton in Marsh  

Sun 16th  
OWM ARRANGEMENT  

Sun 23rd  
Rev. Alan Swann  
From Shipston on Stour  

FELLOWSHIP  
Tuesday 2nd October  
7.30pm at Church  

For information contact:-  
Jackie Palmer 01451.822285  
Michael Duckenfield  
01451.830579  

The Catholic Church  
SEPTEMBER  

Our Lady,  
Help of Christians  
Station Road,  
Bourton on the Water  
Sunday Mass  8.30am  

Our Lady & St Kenelm  
Back Walls, Stow on the Wold  
Sunday Mass  10am & 6.30pm  

For times of Confessions  
and other information,  
please call  01451-830431

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Glos Rural Community Council  
Local History Committee  

Annual Local History Afternoon  
Saturday 6 October, 2-5 pm  
Sir Thomas Rich’s School,  
Longlevens, Gloucester  

The theme is “Non-Conformity in Gloucestershire”. There will be illustrated talks on The Power of the Chapel by Averil Kear, past Chairman of the Forest of Dean Local History Committee and well known speaker on local history in Gloucestershire and Whitefield and Wesley; a Comparison by Reverend Ernest Clark of Dursley and member of the Methodist Historical Society. There will also be bookstalls and exhibitions by local history societies on Non-Conformism in their areas. Presentation of the annual Bryan Jerrard Award for the best local history article published during the year and the award for the best local history society display.  

Entry, including tea and biscuits  
£4.00 payable at the door  

Free to members of the Gloucestershire Rural Community Council  

Further information from John Loosley,  
Tel 01285 760460  
E-mail john@loosleyj.freeserve.co.uk
From fish & chips to seaside holidays

Information from Rebecca Klug

Writer and broadcaster Christian Wolmar, will be visiting Chipping Norton to give an illustrated talk on his new book, ‘Fire and Steam’, in aid of the Railway Children - a charity helping abandoned and runaway children.

Christian, recently named Transport Journalist of the Year, will share the story of people and events that shaped the world’s first railway network, featuring the pioneering Liverpool & Manchester Railway and the railway mania which followed, through to the chequered history of British Rail and the subsequent controversial privatisation.

He will show how the railways changed Britain and stimulated the development of facets of modern life from fish & chips to seaside holidays.

The talk follows the successful lecture in Kingham and in London at the Royal Geographical Society two years ago on Christian’s previous book, The Subterranean Railway, a history of the London Underground which raised several thousand pounds for the Railway Children.

Christian, recently named Transport Journalist of the Year, will be signing copies of his book. He is donating the profits of book sales on this evening to the Railway Children charity.

A raffle will be held with a leading prize being a signed and framed print of the Virgin Trains Voyager travelling along the Dawlish sea wall, kindly donated by Chris Green, ex CEO of Virgin Trains.

The event is in association with the Cotswold Line Promotion Group and the Chipping Norton Railway Society.

Chipping Norton Town Hall
TUESDAY 16TH OCTOBER (6.45 for 7pm.)

Tickets include refreshments
£5 in advance or £7.50 on the door
From Jaffé & Neale Bookshop and café in Chipping Norton, or Tel. 01608 658606 or Email: rebeccak@talktalk.net

STOW & DISTRICT CIVIC SOCIETY

Tuesday 2nd October at 7.30pm

“The Environment- Waste and Recycling”

A talk by Mike Harris of Cotswold District Council

Meetings are held in the Church Room, Church Walk

Non-members are welcome to attend.

Further information from
Hon. Sec. Nigel Surman
Tel. 01451 833783
The most beautiful high street in the land
Campden traces its rural beginnings

Information and photographs from Judith Ellis

Visitors to Chipping Campden admire the High Street - 'the most beautiful high street in the land' - but they are not so likely to consider its origins and how the buildings have changed over the centuries, from simple, timber-framed constructions perhaps with wattle and daub between the timbers, and thatched roofs. Workshops would have fronted onto the High Street with the family's living quarters behind, and on market days a stall could be placed in front, in the wide street. Over the years, as the town became more prosperous, houses were encased or rebuilt in local Cotswold stone in the variety of architectural styles that we see today.

Now the histories of these houses and other less imposing cottages in the side streets of Campden are gradually being brought to life by the House History Group of Campden and District Historical & Archaeological Society. The Group has been gathering information from a variety of sources - deeds, maps, censuses and a study of the architecture.

"We are extending our knowledge of local trades as well", says Judith Ellis, Group co-ordinator, “it’s possible that ‘Twine Cottages’, for example, housed workmen working in the rope and twine trade, and we know that John Manton, a local farmer and sack maker lived in the house on the High Street that links to the cottages. Finding out just what the workmen did gives us a greater understanding about life in Campden 150 years ago.”

The House History Group is presenting its first research for the CADHAS Autumn Exhibition ‘Who lived here?’ on Saturday 13 and Sunday 14 October. The stories about a variety of houses in Campden and nearby villages will be on display in the Court Room, The Old Police Station, High Street, Chipping Campden, from 10 am - 3.30 pm. Members will also be showing visitors how they can begin to discover the history of their own houses or the land on which more modern houses stand.

For more information contact CADHAS, 01386-848840 or via the website www.chippingcampdenhistory.org.uk

GLOS HOSPITALS PATIENT & PUBLIC INVOLVEMENT IN HEALTH FORUM

Would you like to make any comments about the services you, or someone you know, have received from the Glos Hospitals NHS Foundation Trust?

Thursday 6th September
10am – 12pm
The Main Hall, Lydney Town Hall,
High Street, Lydney GL15 5DY

Join us at our public meeting and make your voice heard –

- The Glos Hospitals Patient & Public Involvement in Health Forum is an independent group of volunteers who have statutory powers to monitor the NHS and any proposed changes to the services. They will be reporting their findings or hospitals food.
- Have your say about local health services.
- The Forum review how the Foundation Trust is planning to tackle infections in its hospitals. How good is your hand washing techniques? Come along and try the ‘Glowbox’.
- Are you interested in joining the Forum as a member?

For further information contact
Susan Hill, Forum Co-ordinator,
Scout Enterprises (Western) Ltd.
Telephone: 01452 859000
E-mail: susanhill@scout-enterprises.co.uk

This Message is from
N. Cotswolds Watch Office at Stow

Last month an 89 year old man was the victim of a distraction burglary. Two young white males, claiming to be from 'the Waterboard', approached the man in his back garden. One engaged him in conversation regarding work that needed to be carried out, whilst the other entered the house and searched all the rooms. After they had gone, it was found that a significant amount of cash had been stolen.

Please remind the older members of the community of the need to be constantly aware of this type of offence, and younger members should be reminded of the need to look out for the safety and well-being of their older neighbours. END

This message brought to you from the Gloucestershire Constabulary.

Telefon for non-emergencies
0845 090 1234 - charged at the local rate.

Visit the Constabulary website at
www.gloucestershire.police.uk
Saturday 8th September
10.30-4.30pm
REFRESHMENTS, PLOUGHMANS & TEAS

Wyck Rissington Village Hall

AUTUMN PLANT SALE
Tuesday 18th September
10am – 3 pm
Stone House, Wyck Rissington

Garden Open
Home made Refreshments
A donation will be made to
The Rainbow Trust
Childrens Charity

KATIE LUCAS
GARDEN CONSULTANT

STOW ON THE WOLD
WOMENS’ INSTITUTE
Thursday 13th SEPTEMBER at 7.00pm
Church Rooms, Stow

Shirley Willis –
Making Flowers from Porcelain Paste
All Welcome

Contacts:-
Betty Phelps 01451 820556. Eve Knight 01451 831189

B R I D G E
in the
North Cotswolds

Each autumn, many a card player turns their thoughts to
attending a bridge club or taking classes (or both).
Bridge has never lost its appeal, challenge or sense of fun.
From games at home to tournaments, there is a great
social interaction at every level, as well as many good
lunches, teas or suppers enjoyed in the name of fund-
raising for good causes. The coming 2007-8 season is
starting with an afternoon for Cancer Research in
Bourton-on-the-Hill on Wednesday 19th September.

Listed below - some contact numbers for enquiries about
courses and clubs in the North Cotswolds - location, times,
format, playing standard, etc.

COURSES-
Chipping Campden - Robbie 01386 849330
Badsey - Liz 01386 861758

Learners - Bourton o/t Hill - Alan 01386 701603

CLUBS - Bourton o/t Hill, Alan 01386 701603; Chipping
Campden, Peter 01608 664456; Slaughters, Leslie 01451
820533; Broadwat, Tess 10386 854866; Chipping Norton,
David 01608 645382; Northleach, Simon 01451 860009;
Evesham/Badsey, Maggie 01386 446679.

THE LAST KING OF SCOTLAND
(Cert 15)
Starring Forrest
Whitaker, James
McAvoy, Gillian
Anderson.
Based on the
extraordinary but true
story of Idi Amin

THE PAINTED VEIL (12)
Stars Naomi Watts,
Edward Norton,
Diana Rigg, Toby
Jones. Romantic,
escapist entertainment,
set (& filmed!) in
China, based on the
classic novel. (120mins)
Village Yard Sale
8th September 2007
9am til 1pm
Bledington Village
Come and find a bargain!
Breakfast bacon rolls & Teas/Coffees in Bledington Village Hall from 8.30am

TOGENHAM
FISH & CHIP SUPPER
15th September
7.00 for 7.30pm
Tickets £8
From Jo - 01608 652434
‘Proper’ fish & chips and a homemade pudding, table service.
Bring your own drinks.
BOOK EARLY - this is very popular annual event!

ABBOTSWOOD
LOWER SWELL, NEAR STOW
GARDEN OPEN
Sunday 9th September
Plant sale, TEAS
1.30 - 6pm
Adults £3  Children Free
Dogs on leads please * In aid of Swell School
ST GEORGES HALL, BLOCKLEY

Fully Licensed village hall available for hire.
Seating capacity – 140
A fine village hall, recently refurbished and in good decorative order. Large well equipped servery/kitchen.
Toilets. Gas central heating.
Suitable for wedding receptions etc.

Enquiries: Brian Clayton - 01386 701528

CONDICOTE VILLAGE HALL

“The perfect setting for that special occasion”

Recently built in Cotswold stone with a large carpark and well equipped kitchen, on the outskirts of the village.

Telephone: 01451 870385
to discuss your requirements…..come & see what we have to offer!

LONGBOROUGH & SEIZINCOTE VILLAGE HALL FOR HIRE

MAIN HALL £8.00 per hour
(£5 for Longborough & Seizincote Clubs & Organisations)
ANEXE (Snooker Room) £3 per hour
For Snooker & small meetings (Teenagers below 18 must be supervised by a responsible adult when playing snooker)
EXTERNAL HIRE of Tables/ chairs/ crockery/ cutlery etc.
Various woods and a 30’ carpet available for short mat bowls.

FOR FURTHER DETAILS CONTACT 01451 830218
The Hall is in good decorative order, has pull-down screen, extendable stage, well equipped Kitchen, Toilets, C-Heating.

COMPLETE THIS PHRASE – I want to book ODDINGTON VILLAGE HALL because....

NEED HELP?
Seats 100, heated, parking, competitive charging, separate equipped kitchen, stage, two rooms, disabled access and toilet, baby changer, music licence, dance floor...

Need more help?
Phone Anne on 01451 830817
GET YOUR EVENT IN OUR CALENDAR!

SEPTMBER – Information from Stow VIC

To 4th Guiling Festival, 37th festival of classical music & jazz. Guiling Power. www.guilingfestival.org 01242 603912
To 14th The Woven Garden Unique collection Tribal Rugs. Tilthe Barn, Bourton House, Bourton o/t Hill 07834 493637
3rd-8th ‘Carousel’ Bourton Panto Gp Summer Show 7.30pm
Victoria Hall, Bourton on the Water 07817 909403
5th-11th Anthony Rowe Exhibition Lower Slaughter Village Hall
6th-9th HERITAGE OPEN DAYS Many Buildings in Glos open Free of Charge. Contact Stow VIC for full list/ check website www.heritageopendays.org.uk 01451 831082

8th Moreton Fire College 10-4pm
8th-9th Affordable Art Exhibition 10-5pm. St Edwards Hall, Stow
19th-25th Dorothy Pavey Art Exhibition L. Slaughter Village Hall
26th-2nd Oct. Louise Jennings Art Exhib L. Slaughter Village Hall

1st MORETON SHOW Agricultural & horse show, at the Showground Moreton. (no cattle, sheep, goats) 0870 8777409
2nd Prehistory in our Landscape- 5m circ walk from L.Swell by Roman Rd, Ryknild St for lunch. 10am (Meet nr pub) 01451 862000
6th Weds Walk moderate. 5.25m.Oxfordshire Border via 4 villages. 9.30a. Westcote Inn, Nether Westcote (off A424) 01386 484244
6th Guided Walk 8m. moderate. To Chastleton House. 10am.
Adlestrop Village Hall, bring packed lunch. 01451 862000
6th ENROLMENT DAY P/time classes at Gloscat, range of courses. 10-3pm at MoretonAreaCentre, Moreton 01608 650881
9th Cots Garden Open Friends of Swell School – Abbotswood near Stow 1.30-6pm TEAS. Dogs on leads.
9th Reed & Brass Band Celebration Afternoon Concert Village Green, Bourton o/t Water
9th Horses for Causes sponsored 10m fun ride for The Meningitis Trust. www.meningitis-trust.org/involved 01453 769083
13th STOW FARMERS MARKET. Fresh food & drink, award-winning producers. 9-1.30, Market Sq. lots of tasters. 01453 758060
15th Produce Show & Village Market cakes, garden produce, plants, boks, bric-a-brac. Fun Run at 3pm (Bourton RoadRunners) 12-3pm Gt Rissington Club, nr Bourton 01451 821036
18th Autumn Plant sale 10-3pm Stone House, Wyck Rissington £5, children free
20th Afternoon Talk ‘How it all Began’ by Shelagh Lovett-Turner, local costume collector 3-4pm £3 inc tea. Must Book 01451 830352
22nd Guided WALK to Bourton & back. Easy 12m. Hyde Mill medieval village along Windrush. 9.30am, free C/P Tesco, Stow. 27th GARDEN OPEN for Nat Garden Scheme – Bourton House Garden. Bourton o/t Hill. 10 – 5pm. Teas Plants. 01386 700754
30th Five Valleys Walk 21m circular sponsored walk in 12 sections. For The Meningitis Trust. Free water, maps & return transport. £7/ child £5 (£10 & 8 on day) 8.30-5.30pm 01453 769034
www.meningitis-trust.org/involved
30th Historic Adlestrop & Chastleton Walk 9m circ. Adlestrop Village Hall C/P 10am. Moderate 01451 862000

FULL LISTINGS, MORE INFORMATION & TICKETS:
MORETON Area Centre – 01608 650881
STOW Visitor Information Centre - 01451 831082

Redesdale Hall
in Moreton In Marsh

Redesdale Hall is a registered charity. Use of the Hall is generally limited to local groups & activities.

Redesdale Hall, High Street, Moreton In Marsh
Bookings Clerk Belinda Evrtn 01608 651533 belindaevrtn@aol.com

Every THURSDAY at Moreton Area Centre 01608 650881

- COTSWOLD WALKERS 30-40min guided walk suitable for new walkers, post injury & Active Lifestyle programme. 2pm. £ 0.50p
- TAI CHI CHI KUNG & FALLS PREVENTION classes £2.80/ session
- ART CLASSES drawing & painting. All levels. Own materials. 3-5pm
STOW TOWN COUNCIL
NEXT MEETING:-
Thurs 13th Sept

7.15 pm
The Masonic Hall.
Residents are welcome to attend meetings. Questions* from the public relating to a proposal in discussion by Cllrs may be taken prior to Council voting on that proposal. General questions are taken at the end of the meeting.

* A maximum of 3 minutes allowed.

Town Councillors are available before & after the meeting. District & County Cllrs, representatives of Stow Police and the Glos ‘Echo’ regularly attend.

C.D.C Committees
SEPTEMBER 2007

Members of the public are encouraged to attend meetings of the Council and Committees. If you live in the District and are on the Electoral Register you can participate by asking up to two questions per meeting. Information about your Cllrs and committee members are on the website www.cotswold.gov.uk

Thu 6th. Appeals (if required)
Mon 10th. Licensing
Tues 11th. Standards
Weds 19th. Planning (Regulatory)
Tues 25th. Audit
Thurs 27th. CABINET

Meetings generally start at 10am. Planning meetings held at Moreton Office start at 9.30am.

Questions must be received by the Head of Democratic Services - By Email no later than 5pm on the prior working day
Nigel.adams@cotswold.gov.uk
By Post to: CDC at Trinity Road, Cirencester. GL7 1PX
Tel. 01285 623204/ 201

STOW TOWN COUNCIL

Notes relating to Stow Council Meeting of 9th. August – A report of the meeting from Mike Corker, Town Clerk, is included on p.26.

Full Minutes of the meeting, associated Committee meetings & correspondence are available in the Council Office, St Edwards House in The Square. There is a mail box in Church Alley at the rear of the building.

The Council Office is open Tues, Weds & Thursday 10am-1pm (subject to mtgs).

(full list available at Local Police Station)

House of Commons - Environment, Food and Rural Affairs Committee
Consulation opportunity regarding the recent floods

Information from Glos Rural Communities Council

The House of Commons Committee has decided that it will hold an inquiry into flooding. Evidence sessions are likely to begin on 10 October and the Committee's work is intended to contribute to the conclusions of the independently-led 'lessons learned' exercise that the Secretary of State announced on 12 July 2007. The Committee is appointing Members to gather information from some of those directly involved in order to help inform its inquiry.

The Committee invites written memoranda from interested parties on the issues raised by recent flooding in England and Wales and what steps public authorities should take to address them. These should reach the Committee by 13 September 2007. More information about the required format of submissions is given below.

In addition, while memories are fresh, the Committee would welcome brief e-mails to defracom@parliament.uk from people and organisations directly affected by the recent flooding, with suggestions about the issues the Committee should examine during its inquiry. For further details please see press release dated 26 July 2007.

www.parliament.uk/parliamentary_committees/environment_food_and_rural_affairs/efa_pn60_070726

“The Countryside is Open for Business – That’s The Message” Says CLA

The South West is still open for business – that’s the message from the Country Land and Business Association. Although proper care has to be taken to prevent the spread of Foot and Mouth Disease, the countryside is still open. “We are in what is usually the busiest time of the year for the tourist industry in the region and it is vital that people understand that our farmhouse B&B’s, our rural hotels, pubs, farm shops, visitor attractions and our footpaths are all open as usual,” said John Mortimer, South West Director of the CLA.

The CLA is advising its members to ensure that proper bio-security measures are put in place on all livestock farms - and they are calling on visitors to the countryside to support farmers in the efforts to prevent the spread of this highly contagious disease. “We must take every precaution possible to contain and overcome this disease. At the same time we are keenly aware of the importance of the countryside to the thousands of small rural businesses that depend on people coming into this region. So the key message is that here in the South West our wonderful countryside is still open and accessible - and visitors are welcome.”
Local Clubs, Associations, Societies & Charities

CDC Office Cirencester
Trinity Road, Cirencester
01285. 623000. www.cotswold.gov.uk
Moreton Area Centre
High St., Moreton  01608 650881
moreton@cotswold.gov.uk

County Cllr. Barry Dare
Shire Hall, Gloucester.GL1 2GT
01452. 425000/ 01386 701280
barry.dare@glosrural.gov.uk

District Cllr. Merry Phillips
01285.623870 / 01608.658822
Merryl.Phillips@cotswold.gov.uk

District Cllr. David Penman
01285.623808 / 01451.830479
David.Penman@Cotswold.gov.uk

Glos Market Towns Forum
(Main office: 01452. 425953)
Roger George – 07791 182458
www.town2town.org.uk

Glos.Rural Community Council
Marilyn Cox. 01452 528491
marilynve@grcc.org.uk
www.grcc.org.uk

PRIMARY SCHOOLS
Stow Tel.01451. 830784
www.stow-on-the-wold.gloucs.sch.uk
Bledington Tel. 01608.658388
Lower Swell Tel. 01451.830707
Longborough Tel. 01451 830097

Stow Business Association
Mark Vance 01451 830344
Sander Mereeden 01451 833700
www.stowonthewold.info

Stow Fund
Robert Barnett. 01451. 870561
robertbarnett@btinternet.com

Stow Town Council & 2020
St Edwards House, The Square, Stow
GL54 1AB
Tel.01451. 832585
info@stowonthewold.net

STOW TIMES
P.O.Box 6, Stow, GL54 1WD
T. 07789 175 002
stow-times@dial.pipex.com

VISITOR INFORMATION CENTRE
The Square, Stow Tel. 831082
stowvic@cotswold.gov.uk.

Adlestrop Cricket Club
Nick 01451 831458/ Eric 01451 830793

Bledington Toddler Group
Nicki 01608 658137 Mon 10-11.30am

Campden Music Society
Carol Jackson – concert Mgr
Cra.jackson@virgin.net

Condicote Plays & Toddlers
Leader Jo Abrahams 07796 987176

Cotswood Investment Club
1st Tuesday of each month. Stow/ Moreton
Contact – Roger Turner 01608 658496

Cotswood Walkers
Jeanette Hughes 01285 623450
Every Thurs 2pm Moreton Area Centre

Cotswood West Gallery Group
Caroline Unigoed-Thomas 01451 830537

Divorce Recovery Workshop
Denise & Peter Allen 01451 830653

Fair Shares
N.Cotswolds Community Time Bank
01608 812338 fairshares@phonecoop.coop

Friends of Stow Surgery
01451.832200 & 830610

‘K’ Fitness
Barbara Kay 01386 833133
kfitnessclasses.com

Moreton Bowling Club
Margaret 01451 821399
Tom 01608 651761.

N.Cotswold Bee-Keepers Assoc
Tom 01608 659345
Margaret 01451 821399

N.Cotswold Bridge Club
Meets Bourton on the Hill.
Tues, Weds, Thurs
Alan Lamb 01386 701603

N.Cotswold Disabled Club
Joan M Oughton 01451 830580

N.Cotswold Friendship Centre
01993-842820/ 01386-700656
colman@oxon1939.fsnet.co.uk

N.Cotswold National Trust
Sec.Dr.Colin Ellis 01451 822208

N.Cotswold Probus Club
Meets 2nd & 4th Thurs mornings
Sec. Michael Stainton 01386 593356

N. Cotswolds Rotary
Local Contact Brian Honess 01451 830052

N.Cotswold U3A
Contact Peter Akass 01386 853905

Royal British Legion
Branch T. 831550 and 07779. 452396
Club at Well Lane, Stow T. 830242

R.N.I. N.Cotswold Branch
Chairman Diana Porter 01451 830508

Scottish Country Dance Group
Brenda Parsons 01451 831876

Stow Civic Society
Sec.Nigel Surman Tel. 01451. 833783

Stow & District Stroke Group
Margaret Peaston. 01608 650526
Alternate Mons 10-12, Fisher House Stow

Stow Cricket Club
e/o Royal British Legion, Stow
01451 830242

Stow Embroiderers’ Guild
Tel. 01451 832427

Stow Gardening Club
First Monday, 7 for 7.30pm
Church Rooms, Stow

Stow Guides
rowena.powell@btopenworld.com

Stow Rugby Club
Ian Roberts - 07777 599851
www.stowrfc.co.uk

Stow Youth Singers
(Ages 8-14.) Linda Green – 01451 830327
Fridays Term Time, 6-7pm. St Edwards Ch.

YHA Stow on the Wold
Robert Williams (Mgr) 01451 830497
stow@yha.org.uk / www.yha.org.uk

Glos.Rural Community Council (GRCC) has launched its new web forum which gives groups and individuals the opportunity to network, ask questions and communicate effectively.
To register on the forum please follow this link:
http://www.grcc.org.uk/forum/index.php and click on register on the top right hand corner.
COTSWOLD PC CLINIC
Tel: 01608 812386
Mobile: 07986 443745
Email: theclinic@cotswoldpc.com

IAN MARSDEN ~FUNERAL DIRECTOR
Personal, Caring Service
Pre-Paid Funeral Plans
Tel: 01451 831829
Em: info@wrightfunerals.co.uk
Rectory House, High St., Bourton on the Water GL54 2AP

W.J.Wright
Funeral Director
Memorial Consultant

<table>
<thead>
<tr>
<th>Business Solutions</th>
<th>Home Solutions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Email Servers</td>
<td>Fast Response</td>
</tr>
<tr>
<td>Servers</td>
<td>Friendly Advice</td>
</tr>
<tr>
<td>Phone Pbx</td>
<td>Email</td>
</tr>
<tr>
<td>Networking</td>
<td>Broadband</td>
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<tr>
<td>Firewalls</td>
<td>Please call now</td>
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<td>Support</td>
<td>PC Repairs</td>
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<td>Anti-Virus</td>
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IAN WOODFORD
Book-keeping, Accountancy, VAT & Tax for Self-employed and Small Businesses
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Mobile: 07986 443745

City Coast and Country
The Internet holiday cottage agents
- 15% commission plus vat
- No restrictions on owner bookings
- Virtual tour of your accommodation
- Regular monthly payments

NOW TAKING SELF CATERING ACCOMMODATION IN THE STOW ON THE WOLD AREA
No commission charged on your first 3 bookings.
www.citycoastandcountry.co.uk

BAR PERSON REQUIRED
The Royal British Legion Club
Well Lane
Stow on the Wold

We are looking for a reliable person for various Daytime and/or Evening shifts.

To apply, or for further detailed information, please call Mrs Janet Powell, Club Secretary 01451 832071, after 6pm.

STAFF WANTED
Management & Assistant positions
Full & Part-time
Contact Helen on 01451 870071
Write Around Gloucestershire

Celebrating Gloucestershire with
1000 words

Enrolment day: Thursday 6th Sept 10am - 3pm

Afternoon Talks with Tim Porter

Buildings of early Tudor England
Secular Structures - 5 October 2 - 4pm
Sacred Structures - 12 October 2 - 4pm

£6.50 per talk

Village Agents Awards 2007
A celebration of older people in Gloucestershire

Village Agents will be celebrating the contribution older people make to life in Gloucestershire and highlighting the achievements of many of our older citizens. We are needing nominations from all over the county identifying those Gloucestershire people who are great exponents of what can be accomplished in later life.

There are five categories:

- **Community** – a volunteer or charity worker who is really making a difference to other people’s lives.
- **Employment** – someone who is earning a living, or starting a new career or enterprise, well past normal retirement age.
- **Sport and Physical Activity** – a regular sports player, dancer, coach or umpire, for example.
- **Caring** – someone who looks after a partner, friend or a group of people – the county’s unsung heroes.
- **Challenge** – someone who has gone that extra mile, overcome illness, shown remarkable bravery or risen to a challenge beyond expectations.

There will be an Awards presentation on the United Nations International Day of Older People on October 1st 2007 at Highnam Community Centre.

Please think about friends, neighbours and relatives who are worthy of an award and nominate them at www.gloucestershire.gov.uk/VillageAgentAwards

Or contact Rosie Callinan Tel: 01452 528491 or eMail rosie.callinan@gloucestershire.gov.uk for an entry form and more information. Entry forms will also be available in the local press.

Poet Laureate
Peter Wyton has been appointed Gloucestershire 1000 Poet Laureate

Write Around Gloucestershire
Celebrating Gloucestershire with 1010 words

Things that make you go "Oh!"
101 cultural facts about Gloucestershire

Live Music Now!
Marking Gloucestershire 1000 with workshops and performances

Gloucestershire’s Glory
Cotswold Spring brewery’s special millennium ale

1000 Trees
Encouraging companies & organisations to sponsor a tree

A writing competition Write Around Gloucestershire! Invites entries – essays, short stories, poems, biographies, monologues from people of all ages and experiences. Your only limit is a MAX 1000 words! Visit the website for more details and writing tips from Sue Limb, Marcus Moore, UA Fanthorpe, Katie Fforde, and more.

The competition closes on 25th Nov.

Contact
Laura Fleming, Project Co-ordinator
Phone: 01242 714863
Email: gloucestershire1000@glos.ac.uk

Gloucestershire 1000
Hardwick Administration Centre, St Pauls Road
Cheltenham
GL50 4BS

Wanted -An Eleventh Councillor
Stow town needs someone who has Stow’s best interests at heart, who cares about the future prosperity and integrity of the town. (You won’t need to take on all the issues; being able to work as part of a team is also an important asset.)

2–6 meetings a month

If you live or work in/ close to Stow you can apply. Contact the Town Clerk or CDC.

Gloucestershire is 1000 years old this year

“A splendid excuse for a Party”

This year marks the 1000th birthday of the County and is being celebrated with an extensive programme of events. As many of these will have been affected by July’s floods, check on the website for an up-to-date schedule of events.

Gloucestershire1000@glos.ac.uk
**Bridal Gown Sale**

Bridal Village Hall, Broadwell  
(between Stow-on-the-Wold and Moreton-in-Marsh)  
Sunday 16th September  
10.00am to 4.30pm  
Bridal Gowns all under £500.00  
Bridesmaids dresses, Evening gowns, Prom Dresses,  
Flower girl dresses, veils, tiaras, shoes and accessories.  
For further details Tel 01451 832309  
www.thecotswoldfrockshop.co.uk  
(Next Sale at Oddington on  
Sunday 28th October)  

**WEEDDING DRESS SALE**  
Amazing Dresses, Affordable Prices!

When we visited The Cotswold Frock Shop in Stow-on-the-Wold we were fascinated by the vast range of wonderful gowns and accessories in Christine Kilsby’s exquisite shop. It brims with the most beautiful bridal gowns, bridesmaid’s dresses, sparkly evening wear and dresses for flower girls. We could immediately see why Christine has helped thousands of brides to enjoy their happy day since she opened her shop in 1988.

Upstairs the fitting room is a hive of industry. Myra (Christine’s right hand woman) was putting the finishing touches to a gown due for collection the next day and there were elegant dresses and gorgeous silk fabrics everywhere. Many of the unique one-off gowns are made on the premises. Christine told us that this is her passion and what she spends most of her time doing.

We saw a wonderful pair of shoes specially made from the same embroidered fabric as the bridal gown and Christine explained that her next job was to sew tiny seed pearls onto the intricate flower detail on the embroidery, matching the bodice on the bridal gown perfectly. Many of the accessories are also made to order, including feather fascinators and tiaras, available in many colours.

Choosing your bridal gown is one of the most important – and personal – decisions you will make when planning your dream wedding, and when you need the confidence and personal service that only a wedding specialist can give. By going to Christine Kilsby, a member of the Retail Bridalwear Association, you know you will be in experienced, professional and caring hands.

The Cotswold Frock Shop is holding another of their popular one-day sales in Broadwell Village Hall on Sunday 16th September, 10am to 4.30pm. Entrance is free and there will be a fabulous collection of gowns and dresses available, all at reduced and affordable prices. Please note that the sale dresses are not in the shop, so it is not possible to view them before the event.

**WHAT IS PILATES?**

What is this thing called “Pilates” (pronounced “pee-lah-tees”), so often connected with celebrities? Is it a fashionable fad or something that could help you?

There are several variations of Pilates principles, from those pioneered by Joseph Pilates in the early 1900s to contemporary adaptations incorporating modern understanding of fitness, anatomy and biomechanics.

It certainly is fashionable and I’m going to guess that this is because it works, and it surely does! Pilates can transform bodies from being wonky, slumped and jiggly (or any combination thereof!) into taller-looking, poised, toned gods and goddesses.  

And the key to this miraculous transformation?

Intelligent exercise, perseverance (sorry, no quick fixes) ... oh, and a good teacher of-course!

Do not make the mistake of thinking that you can learn Pilates from the latest celeb DVD. Safe (I can’t emphasise enough how important safety is) and effective Pilates training is predicated on the detailed understanding of anatomy and physiology and specific exercise principles. Instructors should have undergone rigorous training with any of the main Pilates training bodies (e.g.Stott, Body Control, Pilates Institute) with certification of the same and appropriate insurance.

You don’t need special footwear and you can do it in a pair of shorts, loose trousers or even your cords if you are bashful about your legs! Top that off with a t-shirt or fleece and you are ready to go.

Pilates can be taught lying down, sitting on a chair or a ball, or standing, making it accessible even to people who have restricted movement or who are exercising for rehabilitation.

Essentially, the Pilates principles are as follows:

**Concentration** - the mind-body connection. Conscious control of movement enhances body awareness.  

**Control/Precision** - No multiple “repetitions” – it is about proper form for safe, effective results.  

**Being Centred/Core Control** - A mental focus within the body calms the spirit. A particular focus on the torso (abdominals, pelvic girdle, lower back and bottom) develops a strong core and enables the rest of the body to function efficiently. All action initiates from the trunk and flows outwards to the extremities.

**Stability** - Incorporates balance which makes for a safe starting place for mobility.

Continues next page...
ENDURING POWER OF ATTORNEY
From Tony and Stella Chivers

This is a document which enables an individual to appoint a friend or relative to look after his or her financial affairs in a situation in which he or she is no longer capable of managing these. This could arise either through an accident, illness or mental incapacity. Without an E.P.A., an application usually has to be made to the Court of Protection which is a cumbersome and expensive process.

The reason for drawing attention to this subject is that the Mental Capacity Act 2005 which came into force last April included a new power of attorney, the Lasting Power of Attorney; this will replace the E.P.A. on 1st October next.

However, all E.P.A.s executed before October will remain legally valid. This new Attorney will be a more complicated document and it will also be more expensive because of the fact that, unlike the E.P.A., it has to be registered with the Court immediately after it has been created.

Because of this, some financial commentators and solicitors have been taking the view that anyone who has considered appointing an Attorney to deal with their financial affairs as insurance against possible incapacity should take out an E.P.A. before the end of September.

Tony & Stella Chivers

WHERE THERE’S A WILL THERE’S A WAY
By making a Will you can ensure that your assets will be shared out in accordance with your wishes.

- Wills
- Inheritance Tax
- Enduring Powers of Attorney
- Property Protection Trusts
- Probates

For a free no obligation consultation in your own home, ring:-

Tony and Stella Chivers
01608 658499
Consultants for Nationwide Legals – the UK’s Premier Will writing Company

Pilates,Yoga,Personal Training

purely you

Make Time to Focus Purely on You

Evenlode & Moreton in Marsh Other classes,
1:1 & small group training available
Tel Helen on 01608 664659
info@purely-you.co.uk www.purely-you.co.uk

Breathing - Deep, coordinated, patterns of breathing help activate deep muscles and keep you focused.

Alignment - Proper alignment is crucial to good posture. Become aware of the position of your head and neck on the spine and pelvis, right down through the legs and toes.

Fluidity - Smooth, continuous motion - Pilates has a grace and elegance to it.

Integration - Different muscle groups control and support movement. All the principles come together, making for a holistic mind-body work out.

And so begins our “Intelligent Workout”.

More coming soon….In the meantime, please direct any questions or comments on Pilates, issues around fitness, weight management, injury and illness rehabilitation, health and well-being to: Helen Simpson, Purely You
Personal Training, Pilates & Yoga Instruction
Tel. 01608 664659 Mob 07905 839551
www.purely-you.co.uk info@purely-you.co.uk

Glos NHS Hospitals
Foundation Trust – notes
Mike Corker, Bourton on the Water

“Every time a patient is touched, several thousand (deadly) bacteria can be passed between the clinician and a patient. Yet patients do not feel able to ask their doctor or nurse if they have washed their hands before touching them.”

Sir Liam Donaldson, the Chief Medical Officer.

This says a lot about how patients feel that the NHS regards them. There is much work to be done to revolutionise the NHS approach to patients.

Can providing health care be a social enterprise? Peterborough Primary Care Trust (PCT) is considering converting to a social enterprise, dropping its health care provider role, but retaining its commissioning function. Peterborough PCT staff & representatives of medical bodies in the area have grave concerns over the consideration of this possible approach.

Public Finance Initiatives (PFI) are the only way the NHS can legally carry out major developments. “In economic terms the crucial underlying issue with PFI is the fairness of the way payments are spread between generations of users. Have you ever contemplated taking out one of those new mortgages that run for so long {that} your children will inherit the debt ? PFI’s a bit like that, but they also inherit a long term contract for garden maintenance even after you gravel over the lawn.” Noel Plumridge independent consultant and former NHS finance director.

Major NHS reforms have been halted for a year by our new Prime Minister, to allow a review of the whole system and the future direction. What next?
THE BORZOI BOOKSHOP
A Selection for September

Adult Fiction
We are looking forward to new titles from, amongst others and in no particular order, Jeanette Winterson, Minette Walters, Michael Ondaatje, Robert Goddard, Terry Pratchett and Bernard Cornwell. Following the success of Suite Francaise there will be another previously unpublished novel by Irene Nemirovsky, Fire in the Blood. Perhaps most intriguing is the new Alan Bennett novel, The Uncommon Reader, which tells of a certain very very important lady who drifts into reading highbrow and classic literature, changing her world view and her relationships.

Children’s and Teenage Fiction
Make a date for Thursday 6th September, when the new Young Bond, Hurricane Gold by Charlie Higson will be published. We will have signed copies – by the author, not by Bond himself! The same day sees Outcast, Book 4 in the Chronicles of Ancient Darkness by Michelle Paver. Also Heaven’s Net is Wide by Lian Hearn, a stand-alone novel, but also a prequel to the bestselling Tales of the Otari trilogy, and Best Mate by Michael Morpurgo, the tale of a champion greyhound’s journey through life.

Cookery
Almost every well-known chef or cook seems to have a new book out this autumn. September’s contributions are from Jamie Oliver, Nigella Lawson, Thomasina Miers, Rachel Allen, Jane Fearnley-Whittingstall, Tana Ramsay and Joanna Weinberg – and that’s just for starters (ha ha!).

General Non-Fiction
From an array of interesting titles the most eagerly-awaited would appear to be The Mitfords: Letters Between Six Sisters. However there will be strong competition from Boris Johnson on The British, Peter Ackroyd on Thames: Sacred River, Roy Strong on A Little History of the English Country Church, and Roy Hattersley on Borrowed Time: The Story of Britain Between the Wars. There will also be autobiographies from General Sir Michael Jackson, Clarissa Dickson Wright, Sir Bobby Charlton and Richard Hammond. TV tie-ins include Alan Titchmarsh’s Nature of Britain, Michael Palin’s New Europe, and Nicholas Crane’s Great British Journeys.

Gift Books, Stocking Fillers and Preparing for 2008
A variety of diaries and superb calendars for 2008 are here now – and they won’t last long! Our Advent calendars are always best-sellers. We will have a stunning selection of gift and coffee-table books on gardens, dogs, wildlife, countries and wonders of the world, with plenty of stocking fillers, both humorous (as in The Best of Matt) and quirky (many of these will cover the idiosyncracies of the English language). So for your one-stop Christmas shop, the Borzoi Bookshop is the only place to be!

THE BORZOI BOOKSHOP
Church Street, Stow-on-the-Wold
Tel/Fax: 01451 830268
Email: mail@borzoibookshop.co.uk

For many, the holiday period is over and it’s back to work. There are many things to think about, children about to start a new school, students off to University, - however it’s important not to lose sight of some of the deadlines that are looming. For some, it is time to decide whether to file their Tax Return by the end of September deadline. If so, Revenue & Customs will do the hard work and will calculate any tax due. But don’t despair if you miss the end of September deadline, you still have until the end of January to submit your Return. If your accounts are not too complicated then you may wish to calculate the tax yourself. Beware! This may not be a problem for those who understand the tax system, but many people have come unstuck when putting the wrong figures in the wrong boxes, resulting in a higher than average tax bill. If this is the case, you may well have to pay any tax due and then try to persuade the Revenue that the figures you’ve supplied are incorrect. It can sometimes take months or years for mistakes to be corrected, so it pays to be diligent.

If you wish to calculate the tax yourself it is wise to write a checklist. Have you included all your income and interest received from your bank or building society accounts? More importantly, have you included all the allowable expenses against your income? If not, you may pay too much tax. For the most complicated Tax Return you should consult an accountant. They will not only calculate the figures for you, they will file on your behalf and negotiate with the Revenue should there be any problems. If you’re self-employed, a director of a limited company or deal in stocks & shares I would suggest that an accountant is your best bet. This year, you have until the end of January to submit your Return but it is wise to contact an accountant as soon as possible as September through to the end of January can be their busiest period. Next year, things will be changing so watch this space for further information.

Whichever route you choose you won’t want to miss the deadline. It’s important to file your Tax Return on time otherwise you’ll incur a penalty and interest on any overdue payments. If in doubt, just give me a call. I will be happy to help in any way that I can.

Robb Eden is a director of FBL Limited, based in Moreton-in-Marsh. He can be contacted via e-mail at robbeden@aol.com or by telephone 01608 651802.
Up - or down Sheep Street, in Stow? It doesn’t matter which way you approach Brewery Yard, it is hard not to notice an entrance redolent of history. If you walk up from the small broad sward, The Shrubbery, then on your left will be a fine mellow yellow sandstone frontage, but as you turn into the yard, or come at it from higher up the road, then a wonderful curved flank wall hoves into view. Neat stone quoins to the windows and doors frame the flint infill – a relative rarity in this neck of the woods – elegantly patterned in squares and diamond shapes using natural and knapped flints. Above the doorway, formed in a lintel of reconstituted stone, is the sign “Office”, indicative of its former use at the front entrance to one of Stow’s former breweries.

What is it with some traders?
This small, yet magnificent, building holds a bookshop but, like several other bookshops in Stow on a Sunday, it was closed. What is it with some traders at the heart of our town? A Sunday, in August, punters wandering round with money burning a hole in their pockets and yet, in the middle of the day, shops are closed. Do these traders deserve our business?

Frustrated that we were unable to seek out an old book telling the story of our town - something beyond a tourist leaflet - the Voluptuous Beauty and I strolled into Brewery Yard. In the distance, was a sign which said “Open Today”. As we neared the sign, past the antique shop, the dress makers and the rug store, we saw the dentists. Well, that’s enterprising, a dentist open on a Sunday. However, as we got closer, it turned out to be a sign for a gallery, just out of sight from Sheep Street, both vibrant in character and Vibrant by name. Great!

Plenty of this stuff is very buy-able
Hanging in the window was a vibrant blue and purple original oil painting by Trevor Ley, and the inside proved to be equally colourful and energetic. Almost an Aladdin’s Cave of bright, contemporary art. For a small gallery, there was a lot of art on show, together with a cabinet of handmade jewellery. We were told, by an attentive sales assistant, that most of the artists are local. She offered help to the gallery browser, in a friendly and unassuming way that made us feel welcome and also that we would be welcome to browse again anytime soon. Sadly, though, there were no printed details available about the artists, for us to consider as we looked around, but they were offered to us on-line or by email. It wasn’t too difficult to identify the different artists…..dynamic acrylic sponge washes from Victoria Stewart; the mixed, textured media of Ros Willis, John Bate’s simple minimalism and an interesting range of framed sculptured art by Helen Willcox & Loraine Toon.

If you like inexpensive modern art, then Vibrant is a gallery for you. The prices seem to range from about £160 for small psychedelic pop art acrylics by Gail Millar through to about £895 for the largest of Richard Freer’s Turner esque expressive, yet misty abstract oils. Plenty of this stuff is very buy-able.
NOTES from STOW TOWN COUNCIL
MEETING 9th August 07
Full Minutes of the meeting are available in the Council Office

Council agreed to continue with their agreement with Stow Times to publish a half page of Council news each month for £100 per month, with the publication of an agenda, if Council news is too late for inclusion.

District Cllr David Penman reported on the CDC Post Office forum. The Post Office were unforthcoming with regard to petitions or objections. 1,000 urban post offices & 1,500 rural post offices are due to close, but Stow is very unlikely to be involved. There will be 500 mobile replacement post offices. A report on ambulance service provision will go to CDC committee and a decision will be made by 25th September.

Stow Police reported that parking tow away zones for Stow Fair are no longer legal. During the last month there had been 13 crimes in our area with 26% detected and no violent crime. The police, and other bodies, had been helping organizations and the victims of the recent flooding. Inspector Stenner & Sgt Jones reported being late for this meeting as they had been arresting a person from a bus.

The Annual General Meeting of the Trustees of St Edwards Hall will be held in the hall at 6pm on 10th August.

Stow 2020 group would meet under its new chairman (Roger George) on 14th August.

Arrangements for the 18th August Medieval Celebration in Stow Square were proceeding. Council agreed that Rotary could take the car park money collected for flood relief.

Clerk Mike Corker explained that the Standards Committee proposed by Stow in July had been ruled as illegal and that any complaint regarding Councillors and the Council code of conduct must be made in writing by the actual complainant, direct to the Standards Board of England.

Concern was expressed at the timing of the proposed traffic light and road work at the Unicorn junction scheduled for 20/8-19/10. Council had asked for a delay to avoid Bank Holiday. But this work might be postponed until 2008 if GCC decided to concentrate solely on flood damage repairs. District Cllr David Penman committed to try to resolve the argument between CDC & GCC Highways over CDC workmen apparently sweeping into road drains & contributing to their blockage. The major planning applications for the Unicorn hotel & car park would be dealt with on 20/8.

The next Finance Committee meeting was scheduled for 08:45am on 21/8.

Council referred a proposal for a Stow Emergency Committee & Policy to the next meeting.

The Allotments Association would be putting forward a proposal for the Association to self manage day to day issues at the allotment site. Cllr Keith Cox (as chairman of the Allotments Association) explained that this would not involve issues such as land ownership or the renting of plots.

Rob Barton had resigned as a Stow Councillor and if no election was claimed by a resident, then Council could co-opt a new councillor on 13th September. Applicants should write to Council at St Edwards House (above St Edwards Café).

Mike Corker  Stow Town Clerk
All Council & Committee meetings are open for the public to attend, unless members vote to make a meeting private for specific confidential personnel, legal or financial reasons.

New recycling service for Cotswold businesses

Small businesses in the Cotswolds will soon be able to recycle much more of their rubbish.

Plans for a new commercial recycling scheme, called y-waste, have been approved by CDC, which will provide up to £24,700 from its Economic Development Fund to set up the service.

Councillors hope that y-waste will enable businesses in the District to recycle up to 90 per cent of their waste.

Council Leader Lynden Stowe said: “We are delighted to be able to fund the y-waste service in the Cotswolds. The Council is not responsible for the collection of trade waste but we are really keen to help local businesses and the wider community by increasing commercial recycling opportunities in the District. We are committed to working with traders in the Cotswolds who have told us there is a demand for a service like this which will enable them to recycle as much of their rubbish as possible in the easiest way.”

Y-waste is a not-for-profit social enterprise first set up in Stroud last year. It will be rolled out from September in Cirencester and four other market towns. Once established there, y-waste hope to expand the scheme to other parts of the Cotswold District.

The service works in conjunction with Smiths, a contractor based near Gloucester, to provide bespoke, efficient and cost-effective collections which are timed to suit individual businesses. The pricing structure rewards customers who recycle the most and y-waste guarantees that all waste that can be recycled will be recycled.

Carole Garfield, co-founder and director of y-waste, said: “Businesses have responded positively to this new scheme, which was first set up in response to demand from traders in Stroud who wanted to recycle more. “We now look forward to working with many more businesses in the Cotswolds who will enjoy the benefits of using a single contract for all their waste management needs and being able to recycle much more of their rubbish.”

The new service will also enable traders to comply fully with their Duty of Care regulations which state that commercial waste must be disposed of responsibly. And it has already proved hugely successful in the Stroud District.

Media contact: Mike Harris, Waste Communications Officer, 01285 623140
New carton recycling scheme for the Cotswolds

Recycling banks for beverage cartons have been rolled out in the Cotswolds to enable residents to recycle even more of their rubbish.

Each year UK manufacturers produce approximately 55,000 tonnes of paper-based cartons for milk, juice, sauces and other liquid foods/drinks. These could be recycled instead of being thrown in the rubbish bin.

In response, CDC has worked with the carton industry to set up special collection bins at:
- Kingsmeadow Tesco, Cirencester
- The Forum Car Park, Cirencester
- Tesco, Tetbury
- Tesco, Stow-on-the-Wold.

Cllr Mark Tufnell, Cotswold District Council’s Portfolio Holder for the Environment, said: “If successful, we’d like to see the project rolled out further to help increase recycling rates and reduce the amount of waste being sent to landfill.” Once collected, the empty cartons will be recycled into products ranging from plasterboard liner to high-strength paper bags and envelopes.

Richard Hands, Environment Manager at Tetra Pak Ltd and Chairman of ACE UK, said: “We and our industry partners are committed to increasing the level of carton recycling in the UK with the aim of reaching a national network of carton collection by the end of 2008. Our work with Cotswold District Council takes us and households in the area one step closer to achieving that.”

Media contact: Mike Harris, Waste Communications Officer, 01285 623140

NB. Beverage cartons consist of up to three main materials:
- Paperboard (typically 70-90%)
- Low-density polyethylene (typically 10-25%)
- Aluminium foil (about 5%, only in long life or aseptic packages)

The carton recycling process is essentially quite simple. Baled cartons are dropped into a pulper (similar to a giant domestic food mixer) filled with water and pulped for around 20 minutes. This delaminates the packaging, breaking down the package to produce a grey-brown slurry. The aluminium foil and polyethylene are separated from the fibre, which is recovered to make new paper products.

Garden waste contamination and cardboard recycling

The Council’s waste contractor, SITA, has asked us to remind residents not to put plastic bags in their green garden waste wheelie bins. There have been several recent instances of lorry loads being heavily ‘contaminated’ with plastic bin bags on delivery to the Agricultural Supply Company (ASC) at Sunhill, near Fairford, where the material is turned into a soil improver for local farmers. If the contamination continues there is a real risk that entire loads will not be accepted by ASC and will therefore have to be sent to landfill sites instead. Garden waste should be put loose into the bins, not in bags.

Stow recycling

On another issue, new cardboard recycling banks have now been introduced with one at Stow town car park near the Tesco store. Both the cardboard and plastic bottle banks have been moved from the Maugersbury Road car park in Stow to the Council car park near the town’s Tesco store in order to increase the amount of recyclable material collected. Please contact me if you require any further information.

The Fire Service College Open Day, 8 September

FIRE TRAINING IN ACTION
A rare chance to visit the central training school for the UK fire and rescue service.

Entrance is free and an extensive programme is planned.

Attractions will include guided tours of the fire training incident ground, fire equipment and vehicles, fire and rescue demonstrations, a falconry exhibition, visits from Police and Air Ambulance helicopters (subject to operational demands), a parachute jump, displays by the Sealed Knot English Civil War re-enactment group, and many activities for children. The United Kingdom Fire Services’ Memorial Chapel and the College’s new Heritage Centre will also be open to visitors. It will be a first class day out for families.

The date has been chosen to coincide with Heritage Open Days, England’s largest voluntary cultural event, which celebrates England’s architecture and culture by allowing visitors free access to interesting properties that are either not usually open, or would normally charge an entrance fee. The Open Day will offer a chance to see the central complex of administrative and teaching buildings designed by architect Eric Bedford.

ADDITIONAL INFORMATION - Admission is Free.
Gates open at 1030 and close at 4 o’clock.
We regret - No dogs, except for assistance dogs.
Hot and cold snacks and non-alcoholic drinks can be purchased. Disabled parking is available and most areas are wheelchair friendly, although some surfaces are uneven.
Marshals are available to offer assistance.
No smoking is permitted on site.
Stone roofing is one of the marks of the Cotswold’s architectural heritage and world renowned for its natural beauty and aesthetics. Now available from Source4you is a range of hand-cut stone roofing tiles in 71 sizes. Lengths from 7” to 24” in traditional 1” increments and widths 10”, 12”, 14” and 16”. The slates are available as:

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- the slates have been painstakingly worked with specially developed pigments to give the appearance of scarce and expensive salvaged slates.

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NICFIC DOMESTIC INSTALLER - PART P REGISTERED
24 HOUR EMERGENCY CALLOUT
“A truly wonderful MEDIEVAL STOW DAY”

Dear Stow Times,
I am writing to congratulate Stow Town - and especially those people who worked so hard since February on the preparations - for a truly wonderful Medieval Stow Day on Saturday 18th August.

Despite the weather, it was a huge success! From the fully authentic craft stalls manned by genuine experts in full dress, making candles, leather shoes, large nails and other goods, to the wandering minstrel, the ratcatcher, all those locals walking around in gorgeous medieval dress, to the hog roast, the dancing, the coffee and cakes served in the Town Hall, the concert in the church and much, much more. It was a superb effort, enjoyed by many. Also, sadly missed by too many!

I hope this will become a yearly event and that it will be more widely advertised in all the surrounding villages so that many more people can enjoy going back in time - and learning a great deal about how things are made and how life was lived in those times....

Finally, I will never forget the wonderful vigorous free-range dancing in the square in the evening (to a brilliant local band) of a local man (?) who had been a bank manager, to say the least. Equally inspiring was his total lack of any embarrassment and complete enjoyment.

Thank you, Stow!
Please do this again - and many congratulations!

Lisa Robinson,
Blockley.

Good news travels…

In your July Edition of Stow Times there was an article on Simon Weaver's cheese and he had sent a shipment to Bermuda!
I tried to email him but without luck so want you to know. Maybe you have an email address for him to let him know that we have purchased some of his cheese - we are spreading the word - so our friends will buy it. We found it at the "Supermart" owned by the Gorham family and situated on Front Street East!!!
Cheers
Sue Titterton
Bermuda and sometimes Stow on the Wold!!

THE OLD STOCKS HOTEL COMES TO THE RESCUE!

Having arranged to hold our wedding reception at The Roman Court Hotel since September 2006, we were shocked to be informed just 10-weeks before our wedding that the hotel had new owners. However, the new owners informed us they would honour the booking.

Several weeks later we found out that the Italian staff of The Roman Court Hotel were leaving and shortly after the new owners rang to inform us that the Italian chef had been asked to leave too - this meant the Italian themed hotel we had fallen in love with would lack any authentic Italian staff. We were then informed by the Hotel’s new owners that they were closing the restaurant for refurbishment, but that we were not to worry, as they would re-open the restaurant with a new chef several weeks before the most memorable day of our lives.

Having already suffered a month of worry and stress about our wedding reception venue, we received a telephone call from the new owners of The Roman Court Hotel advising us to find a new venue. We were devastated and believed we would have to re-schedule the date of our wedding and inform our guests, some of whom already had flights booked to travel from the USA.

We visited several big hotels close to The Roman Court Hotel but none were able to assist. Clutching at straws, we headed to Stow on the Wold hoping desperately that one of the other hotels would be able to help us out at very short notice.

We decided to head to one end of the square and work our way through the hotels. The first hotel we entered was The Old Stocks Hotel - and the first hotel that day where the staff had given us the time to explain the disaster we were facing. We spoke with Jason and Helen Allen the owners of the Hotel, who were both very understanding and told us they would do everything they could to assist, even to the point that they would try to replicate the meals our guests had chosen, to save us from having yet another item to explain to all of our guests.

From that point forward all our dealings with The Old Stocks Hotel were entirely professional, and several weeks later, on one of the first sunny Saturdays we had experienced for sometime, we entered The Old Stocks Hotel as husband and wife. To our amazement the dining room had been transformed down to every last detail - everything was perfect, the food, the service and the staff were impeccable. After all the worry and upset we had been caused beforehand we were now sure that everything that had happened had turned out for the better. The Old Stocks Hotel had surpassed anything that we could have imagined.

We want to give our heartfelt thanks to Jason and Helen Allen and all the staff of The Old Stocks Hotel, Stow on the Wold - you turned our wedding day from a near disaster into a dream come true.

Debbi & Gareth Devo
Part P Approved Electrician
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Any job is considered and no job is too small.
I can call in the local area to give a quotation.
A Letter for Stow to be proud of….from New Zealand

“I am always interested to read the local paper when I visit a town. Yours especially gave me what I was looking for – a sense of time, place and people. You’ve had a lot of negative things happening – those ‘travellers’, parking and flood issues, council issues, etc. I want to relate my 24 hour impressions of your town for which I have nothing but praise and admiration.

The tourism business is not an easy business to be in; making money and always being positive. It has its ups and downs but here I can only congratulate the positivity and pro-active people of your community towards tourists and visitors. I seem to have struck them all – Brenda Russell, ‘Little Broom’ B&B (excellent breakfast and a real experience of what a B&B is all about).

- The Ford dealership garage on Bourton Industrial Estate (who charged us £2 to put the car on the ramp and re-attach the engine protector plate which had come adrift from the car we had borrowed(!)).
- Katie at the New England Coffee House who has got to be the most accommodating wait person/ manager I have ever met (she lend me her laptop when mine wouldn’t connect, helped an old lady beyond the call of duty and consideration, made the best latte I have tasted since arriving in the UK and, as I write, is fussing over a couple who have ordered milk when mine wouldn’t connect. Her laptop to write this letter….it goes on….)
- The person I have ever met (she lend me the envelope to write this letter ….it goes on….)
- Mark at The Grapevine whose service deserved more than the tip we gave him.
- All the people at the Wednesday flea market who, with us as the only customers, and we weren’t buying, entertained us and laughed at themselves and the lack of patronage with good humour and grace.

It was also refreshing to know that the parking lady is conspicuous in her absence – information that was willingly imparted as we strolled the town.

The weather was hot – your town is hotter!
All the best
Toni Gillan
Blenheim
New Zealand
(Incidentally the lady in the art shop gave me the envelope to write this letter ….it goes on….)

Something fresh arrived in our eMail this month…not just once either…..two letters praising Stow, its residents and businesses. We were beaming….’that’s our town, the one that everyone knocks and says is so disjointed and unhappy with itself’. We have been looking forward to sharing them with you…..because it’s so nice when people say nice things, when things go right, isn’t it!

There are lots of us involved too, not least all those on the committee who worked so hard to get our Medieval Charter Celebration off the desk and into the Square. There are calls of “More! More!” – so let’s make sure that when they call for a few more volunteers next time, to help pull things together, we manage to find some time …a burden shared, and all that!

There is a lot of energy and positivity in Stow. I notice it when I go around the town and have time to chat. It’s lovely, and I always get back to the office feeling miles brighter than I did before. So it’s contagious too, that’s good!

The cynic sitting on my shoulder mutters in my ear ‘It won’t last though. You know it won’t last. Just look at all the problems there are looming, waiting to be dealt with!’ Problems? ‘Where shall I start? The Horse Fair? Confusion about the date. CDC going soft on the number of days the field can be used, and more hurdles thrown at the Police about parking and moving people on ( not you and I of course, No, we’ll get moved on!). Then there’s the scandal about the public loos in the Square – when Stow plans a big day with an evening for dancing and fun, what do CDC do? Well they didn’t refuse to open the loos at all this time, no, they just charged the Council an extra £50 for the facility. And they’re our toilets! CDC runs the risk of being seen only as a means of extracting money from the populace, more and more money! They lose our respect, and we feel unimportant players in our own future!’ (quite dramatic my cynic!)

C’mon CDC

Think about it for a minute –c’mon CDC. Get involved in what matters to local people and stop being so niggardly. We know that services are getting more expensive, but Community is all about working together isn’t it? Can’t we discuss these things rather than have unilateral decisions lumped on us? We pay our council tax and our business rates, and tell you about the things that concern us, that worry our pensioners, families and youngsters.

We should be able to make that work, shouldn’t we? Editor

AN APPEAL FOR HELP, PLEASE
Stow Times is really lucky to have a number of people who help deliver the 3,000 +/- copies to everyone’s letterbox. We really do thank our lucky stars for them every month. They are an invaluable but largely anonymous part of the team. But we do need a couple more...please. For Icomb (60 copies, about 30-45 minutes) and KGF, Griffin Close and Baileys Close (about 60 minutes to do them all) in whole or part. Can you help? Tel. 07789 175 002
WALK HADRIAN’S WALL
17th – 21st September 2007

If you like walking in the Cotswolds
you will love Northumberland.

From Phil Addy

We are a group of friends from Gloucester, Campden, Stratford etc., and we are opening up our walking holiday to walkers from the Cotswolds.

We will have our own coach throughout the five days & four nights DBB staying in a good quality hotel in Carlisle. Rather than use motorway services we are stopping for two hours in York on the way up, and will have lunch there, visiting the Railway Museum or Minster. On the way south on the Friday we will lunch in ‘The Lowry’, where there are several lunch venues as well the national exhibition of L.S.Lowry paintings.

On the Tuesday, Wednesday & Thursday we will walk from Milecastle 31 to Milecastle 56. We always offer ‘the lunchtime opt-out’, which is to say, you can choose to walk in the morning and skip the afternoon’s walk if you want.

Northumberland is a big, beautiful county. It offers spectacular walking, but the main feature is ‘The Wall’. The best and most intact bits of the Wall are in the central section, which is the part we are doing. We will see Brocolitia, the Mithraeum, Coventinass’s Well, Housesteads, Vercovicium, Vindolanda, Once Brewed, Aesica, Carvoran, Thirlwel Castle and Birdoswald Fort.

The path itself is the best maintained long distance footpath in England. As regards difficulty – our walk will be no more challenging than an average walk in the Cotswolds.

The weather forecast for September is very good, the walking is magnificent and we are a very friendly group.

Do join us.

£264 per person
For further details please phone 01386 832095 or 07745 257191

ASE AWARDS
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Andy Everson
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M: 07806 561311
E: info@aseawards.co.uk
W: www.aseawards.co.uk

‘K’ FITNESS
St. Edwards Hall, Stow on the Wold

From Sept 3rd MONDAYS
6.30pm Fitness Pilates
7.30pm Fitness n Tone

From Sept 5th WEDNESDAYS
6.30pm Legs, Bums & Tums
7.30pm Adult Tap Dancing

Barbara Kay 01386 833133
www.k-fitnessclasses.com

‘K’ Fitness
...support the retained Fire & Rescue Service

We are running Recruitment Roadshows on our Community Fire Stations at 7 pm on the following dates:

23rd August at Stow-on-the-Wold
14th August at Dursley
21st August at Cinderford
28th August at Winchcombe
4th September at Painswick
11th September at Fairford
18th September at Chipping Campden
25th September at Northleach

Missed Stow?
Pop into the Firestation on Tuesday evening.

What does a Community Firefighter do?

- Attends emergency situations where members of the public require urgent assistance (for example, fires, road traffic accidents, floodings, casualties of any sort, including gas leaks etc.).
- Acts as a local leader in order to educate them on the dangers of fire and teach them how to be more aware of preventative measures.
- Attends training courses and meetings to improve personal skills and maintain a very healthy and safe workforce.

protect it...
TVs ‘The Apprentice’ used a similar experience to reward a winning team – it’s really great for a CORPORATE EVENT (and for a STAG DO too!).

adrenalin can provide floodlights and music for evening events. Fly in the great outdoors and feel closer to the real thing.

The adrenalin experience gives you the same SHEER EXHILARATION as freefall skydiving - but without needing a parachute or any previous skydiving experience!

The force of air, at speeds of up to 125mph, takes you off your feet allowing you to fly. With a little practice you can even learn some tricks! Two adrenalin flights will provide the equivalent freefall time of two skydives - just the good stuff - no aeroplane jumps or hard landings. The action takes place in an 8ft wide wind tunnel, similar to those used to test aircraft & Formula 1 racing cars.

adrenalin has appeared recently at the Grand Prix, the Bulldog Bash and Global Gathering where one of Radio 1’s talk show hosts flew adrenalin.

adrenalin has the mobile unit of its kind in the U.K. adrenalin is based at Upper Rissington Airfield and is open every day from 10am til dusk.

Make someone’s dreams a reality (- yours?)
Feel the thrill of skydiving - at a fraction of the cost!

TVs ‘The Apprentice’ used a similar experience to reward a winning team – it’s really great for a CORPORATE EVENT (and for a STAG DO too!).

adrenalin can provide floodlights and music for evening events. Fly in the great outdoors and feel closer to the real thing.

THE 3 STEPS to adrenalin vwt
The Mobile Skydive Freefall Experience

* TRAIN with our qualified flight instructors
* GEAR UP with flight suits, helmets & goggles
* FLY! - there is no experience like it!

The adrenalin experience is the only mobile unit of its kind in the U.K. adrenalin is based at Upper Rissington Airfield and is open every day from 10am til dusk.

adrenalin vertical wind tunnel

Ring to Book 07748 496130
www.adrenalinvwt.com
The Best of British – it’s Japanese
From our Motoring Correspondent, Ben Eddolls

It’s England, it’s Summer, it’s raining. Heavy rain, showers, blustery showers, drizzle. But us Brits are a resilient lot, chin up, mackin-tosh to the ready we can face anything Mother Nature throws at us, and motorists are no different. For the optimist there is now a plethora of open top cars.

Historically Britain manufactured a variety of soft tops but, with the amalgamation of all that was potentially good into British Leyland and tough American legislation, the death knell finally sounded the demise of mass-produced sports convertibles such as the Triumphs, Stag & TR7 and the lingering death of the MGB.

Turn an average Ford into a fashion icon
Time moves on. Combine the romance of the open road with technological know-how and any tin box can made into a desirable cabriolet; cut the top off an Escort, weld some extra steel into the floor, add the hood from a large pram and you suddenly turn an average Ford into a fashion icon; move on a pace and make that top out of metal which goes up and down at the touch of a button and everyone wants one!

But I’m sticking with the affordable traditional sports car, you know the sort, two seats, a long bonnet, a racy engine, rear wheel drive and a folding hood. The MGB was one, but a lack of development, the wheezing B series engine (just as at home in a Sherpa Van) and the car’s archaic design, remained largely unchanged throughout it’s 15 year production run. To get the true spirit we need to look elsewhere to the frail but fantastic Lotus Elan. With a 1600 cc twin overhead cam engine, independent suspension and a pretty lightweight body it was a technological wonder that knocked spots off everything else.

Fast forward twenty five years to the late eighties, get the Japanese involved and a true successor is born - 1600 twin cam engine, independent suspension, Lotus looks... in a package that runs like clockwork. It’s the Mazda MX5.

I hear shouts of ‘hairdressers car’. OK it’s not as prestigious as an Aston or a Fezza nor as raw as a Evo or Scooby, but it is a direct descendant of the traditional affordable car. I recently drove a four year old model on local roads and was both enchanted and disappointed by the experience. Once sitting in the comfy slightly bolstered seats it takes only a few seconds to release the two catches that hold the hood in place and fold it down behind the seats, instant wind-in-the-hair motoring. Twist the key to start and there’s a disappointing silenced hum - half the fun of a sports car is a throaty exhaust note (the roar of an MGB could be heard a mile away) and the Mazda is like a sewing machine by comparison. The driving position puts you back by the rear wheels, the long bonnet stretches out in front and at low speeds it feels like the car is cutting corners as you steer through the pleasant-feeling but bland steering wheel. Out onto the open road and give it some welly. The engine, which with the bonnet open actually looks like one, spins merrily away but never gives huge thrust - the chances of inducing wheel spin through the fat rear tyres are nil and power slides through corners on dry roads are right out.

A combination of revving to the seven thousand RPM red line and smooth driving will quickly dismiss the miles and you are assured that the car can handle whatever you throw at it. Cosseted in the comfortable cabin the experience does not quite generate that ‘driving by the seat of your pants’ feeling of bygone years. But it’s not all bad. Any downsides are soon dispelled as you pootle down country lanes in the open air, flicking through the snicker-snack gearbox with the stubby lever and enjoying tight corners in the knowledge that you won’t be skitting across into the path of an oncoming tractor. The huge feel good factor and confidence the car gives makes every trip a special experience. Add to this Japanese reliability and you get a true successor to the affordable British Sports car.

Ben Eddolls
Bourton Vale Cricket Club

3 games left of the season as I write and those games that we have managed to play (floods permitting!) have been tough to say the least.

The 1st XI have dropped points after a promising start to the season, as their batting has let them down and luck has not been on their side. The 2nd XI have struggled mid-season with availability of players on a regular basis – cricket really is a team game and if you can keep a core of at least 8 players week in week out then success follows! I am fairly happy that we have consolidated in division 5 this year after going up 2 divisions in as many years – another may have been a step too far!

Its not all doom and gloom at BVCC, the new nets are at last up and running so our practice facilities are improving. The Junior section is thriving although they should have played more games, and have a team entered in a Kwik-Cricket tournament on bank holiday Monday so good luck to the U 10’s!

The league standings are as follows:

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</tbody>
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Mark Arthurs markarthurs@btinternet.com

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Bourton Badminton Club

Information from Gill Stratford

Preparations are underway for a new season of badminton, with new league rules and scoring – the number of players for mens’ and mixed doubles matches has reduced to four players per team; with the new scoring system every rally is scored, as in tennis, with the first side to reach 21 winning the game (no doubt confusion will reign for a while!).

The three courts at Bourton Cotswold School Hall will open on Mondays from the 10th September, times below.

- 6.45 to 7.45 - Younger juniors and beginners
- 7.15 to 8.15 - Older juniors – including those that came during the summer
- 8.15 to 10.30 - Experienced players

Contacts: Mike and Gill Stratford
01451 810378 gill.mikestrat@virgin.net
Mike Winter 01451 831194 mikewin1@aol.com
http://www.freewebs.com/bourtonbc/

Moreton & Stow Clubs

Moreton-in-Marsh The Redesdale Hall, on Tuesdays during the school terms – starting at 7.45pm (one court)
Contact: Mike Winter 01451 831194

Stow-on-the-Wold St Edward’s Hall, every Tuesday and like Bourton play in the Evesham League. (one court)
Contact: Martyn Wilson 01451 831288.

ALL THREE CLUBS PLAY IN THE EVESHAM LEAGUE, AND CATER FOR ALL STANDARDS OF PLAY

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Girls & women's rugby at Stow

We are looking for players to start training this season. If you are aged 17 or under (on 1st September) and interested in playing rugby; please ask your parent or guardian to contact Anne Powell. It doesn't matter if you've never played, we'll teach you.

Also, if you are 18 or over, we are planning to start a Seniors team. If you want to get involved, or simply wish to know more; we would like to hear from you.

You can reach Anne by Email at amellhpowell@yahoo.co.uk or phone 0791 009 6127.
Further information is available at www.stowrfc.co.uk
STOW TIMES
The Back Page
eM: Stow-times@dial.pipex.com

STOW-ON-THE-WOLD & DISTRICT RFC

INTERESTED IN PLAYING RUGBY?

Then come up to STOW RFC on a Sunday morning and come and play in a friendly, fun environment!

- All ages and abilities welcome
- Teams from U7 to U17 including Girls teams
- Fully trained, RFU approved coaches
- Training from 10.00 – 12.00
- Regular matches and end-of-season tour

For further information, please visit the Stow RFC website at www.siowrfc.co.uk

OPEN DAY
On Sunday 9th September
Starting 11.00am

- Climbing Wall
- Paintball Shooting
- Mini Quad Bikes
- ‘Super Stars’

and much, much more!